

## EHF GLOSSARY OF BEACH HANDBALL TERMS AND EXPRESSIONS

Beach Handball	
1-point-goal	A goal that is worth one point
2-point-goal	A goal that is worth two points
360, spin shot	A shot taken with full turn of the body in the air.
6m throw	Same as in indoor handball, just shot from a different distance (6m line) and the goal is awarded with 2 points.
Block	An action in which a defender jumps through the 6-metre area and blocks the direct shot on goal.
Creative shot	Having the ability or power to create; characterised by originality and expressiveness; imaginative (when leading to a goal, the goal is awarded with two points).
Golden goal	Following normal time and a period of extra time in which the scores are equal, the game ends when the next goal is scored, and the team that scores that goal is declared the winner.
In-flight goal	A shooting technique performed having the player flying through the air.
Own goal	Player scores a goal registered against his own team, own goal is always awarded with one point.
Period, sets	The match consists of two periods/sets, where each period is calculated separately. For winning a period/set the winner gets one point. If each team wins one period, the match needs to be decided with a shoot-out.
Result	The result is always the described by the number of periods/sets won (2-0; 0-2; 2-1; 1-2)
Shoot-out	A means of resolving a tie, in which an equal number of players from each side alternately take individual shots on the goal defended by the goalkeeper.
Goalkeeper (Specialist in attack)	Player wearing an additional bib to indicate their goals count for two points.
Spectacular (goal)	Of the nature of a spectacle; impressive or sensational; thrilling in effect; a lavishly produced performance (a spectacular goal is awarded with two points).